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## Obama Girl Strikes Back!

POSTED BY: [Russell Simmons](#) 63 days ago | 1674 Views

SOURCE: [globalgrind.com](http://globalgrind.com)

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It wasn't too long ago that I lived a life full of consumption and abundance...always taking, taking and taking. At a certain point in my life I decided to stop taking so much...and start giving. I had to make some sacrifices along the way too...no more drugs, no more alcohol, no more animal products in my body...and a lot of yoga and meditation. However, when I look at the world, I still feel we often take first, and give second. I am no expert in the environment, but I think that I could safely assume that part of the reason why our earth has become unbalanced, is because we are taking way too much.

I woke up this morning and reminded myself that we are an amazing species, but sometimes we can get a little carried away. And right now, I think we've gotten a little carried away. That is why I am pleased that Global Grind has joined [America's Greenest Campus](#) today in announcing a nationwide effort to empower young people to reduce their carbon footprint and fight climate change on college campuses across America. For those who don't know what your carbon footprint is – it is basically the amount of pollution you contribute to the environment every day. Check out this entertaining video starring the “Obama Girl” and join me today in creating a new footprint. A footprint for a greater consciousness about how we can treat our planet earth with much greater care and love!

-Russell Simmons

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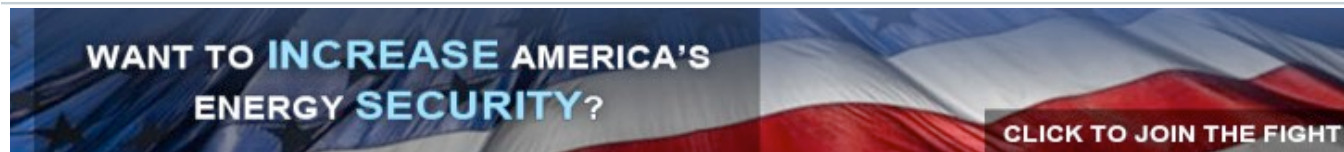
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